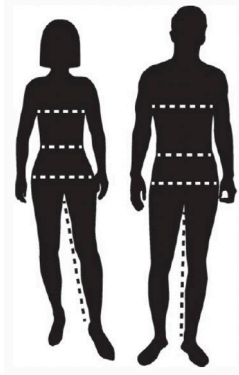


**SIZES
& FITS**



How to order correct size:

From the appropriate chart below, order the label size letter that corresponds to the range that includes the actual body measurements in inches.

How to measure:

Bust/Chest: With arms relaxed at sides, measure around the body at the fullest part of the bust/ chest, keeping the tape parallel to the floor.

Waist: Measure around the body (not on top of clothing) at the waist level. Hip: With feet together, measure around the fullest part at the hip level, keeping the tape parallel to the floor.

Inseam: With feet slightly apart, measure vertically from the top inside of the leg down to the ankle bone.



| ADULT | SIZE | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
|-------------------|---------------------|-------|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| | CHEST (Inches) | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 66-68 |
| | WAIST (Inches) | 24-26 | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | 48-50 | 52-54 | 56-54 | 60-62 |
| | HIP (Inches) | 29-31 | 33-35 | 37-39 | 41-43 | 45-47 | 49-51 | 53-55 | 57-59 | 61-63 | |
| | CHEST (Centimeters) | 76-81 | 86-91 | 97-102 | 107-112 | 117-122 | 127-132 | 137-142 | 147-152 | 157-163 | 168-173 |
| | WAIST (Centimeters) | 61-66 | 71-76 | 81-86 | 91-97 | 102-107 | 112-117 | 122-127 | 132-137 | 142-147 | 152-158 |
| HIP (Centimeters) | 74-79 | 84-89 | 94-99 | 104-109 | 114-119 | 124-130 | 135-140 | 145-150 | 155-160 | | |

| LADIES | SIZE | XS | S | M | L | XL | 2XL | 3XL |
|-------------------|---------------------|---------|---------|---------|---------|---------|---------|---------|
| | | 0-2 | 4-6 | 8-10 | 12-14 | 16-18 | 20-22 | 24-26 |
| | CHEST (Inches) | 32-33 | 34-35 | 36-38 | 39-41 | 42-44 | 46-48 | 50-52 |
| | WAIST (Inches) | 24½-25½ | 26½-17½ | 28½-29½ | 30½-32 | 33-35 | 37-39 | 41-45 |
| | HIP (Inches) | 34-36 | 37-38 | 38-40 | 42-44 | 45-47 | 49-51 | 53-55 |
| | CHEST (Centimeters) | 81-84 | 86-89 | 91-97 | 99-104 | 107-112 | 117-122 | 127-132 |
| | WAIST (Centimeters) | 62-65 | 67-70 | 72-75 | 77-81 | 84-89 | 94-99 | 104-114 |
| HIP (Centimeters) | 86-91 | 94-97 | 97-102 | 107-112 | 114-119 | 125-129 | 135-140 | |

| YOUTH | SIZE | XXS | XS | S | M | L | XL |
|-------------------|---------------------|-------|-------|-------|-------|-------|-------|
| | | 3T-4T | 4-5 | 6-8 | 10-12 | 14-16 | 18-20 |
| | CHEST (Inches) | 21-22 | 22-23 | 24-26 | 28-30 | 31-33 | 34-36 |
| | WAIST (Inches) | 21-22 | 22-23 | 22-24 | 25-27 | 28-30 | 31-33 |
| | HIP (Inches) | 22-23 | 23-24 | 25-27 | 28-30 | 31-33 | 34-36 |
| | CHEST (Centimeters) | 53-56 | 56-58 | 61-66 | 71-76 | 79-84 | 86-91 |
| | WAIST (Centimeters) | 53-56 | 56-58 | 56-61 | 64-69 | 71-76 | 79-84 |
| HIP (Centimeters) | 56-58 | 58-61 | 64-69 | 71-76 | 79-84 | 86-91 | |

| GIRLS | SIZE | XS | S | M | L | XL |
|-------------------|---------------------|-------|--------|-------|--------|-------|
| | | 4-5 | 6-7 | 8-10 | 12-14 | 16 |
| | CHEST (Inches) | 22-24 | 25-27 | 28-30 | 31-33 | 34-36 |
| | WAIST (Inches) | 20-22 | 22-24 | 25-27 | 28-30 | 31-32 |
| | HIP (Inches) | 23-24 | 26-28½ | 30-32 | 34-36 | 38-40 |
| | CHEST (Centimeters) | 56-61 | 64-69 | 71-76 | 79-84 | 86-91 |
| | WAIST (Centimeters) | 51-56 | 56-61 | 64-69 | 71-76 | 79-81 |
| HIP (Centimeters) | 58-61 | 66-72 | 76-81 | 86-91 | 97-102 | |

| JUNIORS | SIZE | XS | S | M | L | XL | 2XL |
|-------------------|---------------------|---------|---------|---------|---------|---------|---------|
| | | 0-1 | 3-5 | 7-9 | 11-13 | 15-17 | 19 |
| | CHEST (Inches) | 30-31 | 31-33 | 33-35 | 36-38 | 39-41 | 42-44 |
| | WAIST (Inches) | 22-24 | 24-26 | 26-28 | 28-30 | 31-33 | 34-36 |
| | HIP (Inches) | 31½-33½ | 34½-35½ | 36½-37½ | 39-40½ | 42-43½ | 45-46½ |
| | CHEST (Centimeters) | 76-79 | 79-84 | 84-89 | 91-97 | 99-104 | 107-112 |
| | WAIST (Centimeters) | 56-61 | 61-66 | 66-71 | 71-76 | 79-84 | 86-91 |
| HIP (Centimeters) | 80-85 | 88-90 | 93-95 | 99-103 | 107-110 | 114-118 | |

| ADULT | SIZE | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|-------|----------------------|-------|-------|--------|---------|---------|---------|---------|---------|---------|
| | CHEST (Inches) | 32-34 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 |
| | WAIST (Inches) | 26-28 | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 | 48-50 | 52-54 | 56-58 |
| | INSEAM (Inches) | 28 | 29 | 30 | 31 | 32 | 33 | 33 | 34 | 34 |
| | CHEST (Centimeters) | 81-86 | 86-91 | 97-102 | 107-112 | 117-122 | 127-132 | 137-142 | 147-152 | 157-163 |
| | WAIST (Centimeters) | 66-71 | 71-76 | 81-86 | 91-97 | 102-107 | 112-117 | 122-127 | 132-137 | 142-147 |
| | INSEAM (Centimeters) | 71 | 74 | 76 | 79 | 81 | 84 | 84 | 86 | 86 |

| LADIES | SIZE | XS | S | M | L | XL | 2XL |
|----------------------|---------------------|-------|-------|--------|---------|---------|---------|
| | BUST (Inches) | 29-32 | 32-34 | 34-37 | 37-41 | 41-44 | 44-47 |
| | WAIST (Inches) | 24-26 | 26-28 | 28-31 | 31-34 | 34-37 | 37-40 |
| | HIP (Inches) | 33-36 | 36-38 | 38-41 | 41-44 | 44-47 | 47-50 |
| | INSEAM (Inches) | 28 | 28 | 29 | 29 | 30 | 30 |
| | BUST (Centimeters) | 74-81 | 81-86 | 86-94 | 94-104 | 104-112 | 112-119 |
| | WAIST (Centimeters) | 61-66 | 66-71 | 71-79 | 79-86 | 86-94 | 94-102 |
| | HIP (Centimeters) | 84-91 | 91-97 | 97-104 | 104-112 | 112-119 | 119-127 |
| INSEAM (Centimeters) | 71 | 71 | 74 | 74 | 76 | 76 | |

| YOUTH | SIZE | XS | S | M | L | XL |
|-------|----------------------|-------|-------|-------|-------|-------|
| | | 6 | 7/8 | 10/12 | 14 | 16 |
| | CHEST (Inches) | 24-26 | 26-28 | 28-30 | 30-32 | 32-34 |
| | WAIST (Inches) | 20-22 | 22-24 | 24-26 | 26-28 | 28-30 |
| | INSEAM (Inches) | 22 | 24 | 26 | 28 | 29 |
| | CHEST (Centimeters) | 61-66 | 66-71 | 71-76 | 76-81 | 81-86 |
| | WAIST (Centimeters) | 51-56 | 56-61 | 61-66 | 66-71 | 71-76 |
| | INSEAM (Centimeters) | 56 | 61 | 66 | 71 | 74 |

| GIRLS | SIZE | XS | S | M | L | XL |
|----------------------|---------------------|-------|-------|-------|-------|-------|
| | | 6 | 7/8 | 10-12 | 14 | 16 |
| | BUST (Inches) | 22-24 | 24-26 | 26-28 | 28-30 | 30-32 |
| | WAIST (Inches) | 20-22 | 22-24 | 24-26 | 26-28 | 28-30 |
| | HIP (Inches) | 26-28 | 28-30 | 30-32 | 32-34 | 34-36 |
| | INSEAM (Inches) | 23 | 24 | 25 | 26 | 27 |
| | BUST (Centimeters) | 56-61 | 61-66 | 66-71 | 71-76 | 76-81 |
| | WAIST (Centimeters) | 51-56 | 56-61 | 61-66 | 66-71 | 71-76 |
| | HIP (Centimeters) | 66-71 | 71-76 | 76-81 | 81-86 | 86-91 |
| INSEAM (Centimeters) | 58 | 61 | 64 | 66 | 69 | |

| TODDLER | SIZE | 2T | 3T | 4T |
|---------|----------------------|-------|-------|-------|
| | CHEST (Inches) | 20-21 | 21-22 | 22-23 |
| | WAIST (Inches) | 20-21 | 21-22 | 22-23 |
| | INSEAM (Inches) | 14 | 15 | 16 |
| | CHEST (Centimeters) | 51-53 | 53-56 | 56-58 |
| | WAIST (Centimeters) | 51-53 | 53-56 | 56-58 |
| | INSEAM (Centimeters) | 36 | 38 | 41 |



| ADULT | SIZE | XS | S | M | L | XL | 2XL | 3XL | 4XL |
|-------|---------------------|----|-------|-------|---------|---------|---------|---------|---------|
| | CHEST (Inches) | 31 | 33-35 | 37-39 | 41-43 | 45-47 | 49-51 | 53-55 | 57-59 |
| | WAIST (Inches) | 27 | 28-30 | 31-33 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 |
| | CHEST (Centimeters) | 79 | 84-89 | 94-99 | 104-109 | 114-119 | 124-130 | 135-140 | 145-150 |
| | WAIST (Centimeters) | 69 | 71-76 | 79-84 | 86-91 | 97-102 | 107-112 | 117-122 | 127-132 |

| LADIES | SIZE | XS | S | M | L | XL | 2XL | 3XL |
|--------|---------------------|----|-------|-------|--------|---------|---------|---------|
| | CHEST (Inches) | 29 | 31-33 | 35-37 | 39-41 | 43-45 | 47-49 | 51-53 |
| | WAIST (Inches) | 22 | 23-25 | 26-28 | 29-31 | 32-34 | 35-37 | 38-40 |
| | CHEST (Centimeters) | 74 | 79-84 | 89-94 | 99-104 | 110-114 | 119-124 | 130-135 |
| | WAIST (Centimeters) | 56 | 59-64 | 66-71 | 74-79 | 81-86 | 89-94 | 97-102 |

| YOUTH / GIRLS | SIZE | XS | S | M | L | XL |
|---------------|---------------------|----|-------|-------|-------|-------|
| | | 6 | 7/8 | 10/12 | 14 | 16 |
| | CHEST (Inches) | 23 | 24-26 | 27-29 | 30-32 | 33-35 |
| | WAIST (Inches) | 19 | 20-22 | 23-25 | 26-28 | 29-31 |
| | CHEST (Centimeters) | 58 | 61-66 | 69-74 | 76-81 | 84-89 |
| | WAIST (Centimeters) | 48 | 51-56 | 58-64 | 66-71 | 74-79 |

CHEER UNIFORM SIZE CHART

| LADIES | SIZE | S | M | L | XL | 2XL |
|--------|----------------------------|-------|-------|-------|--------|---------|
| | | 0-1 | 4-5 | 6-8 | 10-12 | 14-16 |
| | CHEST (Inches) | 30-32 | 33-35 | 36-38 | 39-41 | 42-44 |
| | WAIST (Inches) | 22-24 | 25-27 | 28-30 | 31-33 | 34-36 |
| | SKIRT LENGTH (Inches) | 14½ | 15 | 15½ | 16 | 16½ |
| | CHEST (Centimeters) | 76-81 | 84-89 | 91-97 | 99-104 | 107-112 |
| | WAIST (Centimeters) | 56-61 | 64-69 | 71-76 | 79-84 | 86-91 |
| | SKIRT LENGTH (Centimeters) | 37 | 38 | 39 | 41 | 42 |

| GIRLS | SIZE | XXS | XS | S | M | L |
|-------|----------------------------|---------|---------|---------|---------|---------|
| | | 3T | 4-5 | 6-8 | 10-12 | 14-16 |
| | CHEST (Inches) | 20½-22½ | 23½-25 | 26-27½ | 28½-30 | 31-33 |
| | WAIST (Inches) | 15½-17½ | 18½-19½ | 20½-21½ | 22½-23½ | 24½-26½ |
| | SKIRT LENGTH (Inches) | 10½ | 11½ | 12 | 12½ | 13 |
| | CHEST (Centimeters) | 52-57 | 60-64 | 66-70 | 72-76 | 79-84 |
| | WAIST (Centimeters) | 39-44 | 47-50 | 52-55 | 57-60 | 62-67 |
| | SKIRT LENGTH (Centimeters) | 27 | 29 | 30 | 32 | 33 |

SOCKS

| SOCK SIZE | SHOE SIZE | | | FOOT LENGTH | |
|-------------------|-------------|---------------|--------------|----------------|--------------|
| | YOUTH | LADIES | ADULT | INCHES | CENTIMETERS |
| XS (5-7) | 9-13 | | | 6-7½ | 15-19 |
| S (7-9) | 1-3 | 4-5 | | 7¼-8½ | 20-22 |
| M (9-11) | 4-7 | 5½-10½ | 4½-7½ | 8½-10 | 22-25 |
| L (10-13) | | 10½-12 | 8-13 | 10-11 | 25-28 |
| XL (13-15) | | | 13-15 | 11½-12½ | 29-32 |



| HEAD SIZE | SIZES | IN | CM |
|-----------|--------|--------|----|
| | 6 3/8 | 20 1/8 | 51 |
| | 6 1/2 | 20 1/2 | 52 |
| | 6 5/8 | 20 7/8 | 53 |
| | 6 3/4 | 21 1/4 | 54 |
| | 6 7/8 | 21 5/8 | 55 |
| | 7 | 22 | 56 |
| | 7 1/8 | 22 3/8 | 57 |
| | 7 1/4 | 22 3/4 | 58 |
| | 7 3/8 | 23 1/8 | 59 |
| | 7 1/2 | 23 1/2 | 60 |
| | 7 5/8 | 23 3/4 | 61 |
| | 7 3/4 | 24 1/2 | 62 |
| | 7 7/8 | 24 5/8 | 63 |
| 8 | 25 1/8 | 64 | |

| TRUE FITTED | SIZES |
|-------------|-------|
| | 6 3/8 |
| | 6 1/2 |
| | 6 5/8 |
| | 6 3/4 |
| | 6 7/8 |
| | 7 |
| | 7 1/8 |
| | 7 1/4 |
| | 7 3/8 |
| | 7 1/2 |
| | 7 5/8 |
| | 7 3/4 |
| | 7 7/8 |
| 8 | |

| FLEXFIT | XS | SM-MED | LG-XL |
|---------|-------|--------|-------|
| | 6 3/8 | 6 3/8 | 6 3/8 |
| | 6 1/2 | 6 1/2 | 6 1/2 |
| | 6 5/8 | 6 5/8 | 6 5/8 |
| | 6 3/4 | 6 3/4 | 6 3/4 |
| | 6 7/8 | 6 7/8 | 6 7/8 |
| | 7 | 7 | 7 |
| | 7 1/8 | 7 1/8 | 7 1/8 |
| | 7 1/4 | 7 1/4 | 7 1/4 |
| | 7 3/8 | 7 3/8 | 7 3/8 |
| | 7 1/2 | 7 1/2 | 7 1/2 |
| | 7 5/8 | 7 5/8 | 7 5/8 |
| | 7 3/4 | 7 3/4 | 7 3/4 |
| | 7 7/8 | 7 7/8 | 7 7/8 |
| 8 | 8 | 8 | |

| ADJUSTABLE | YOUTH | ADULT |
|------------|-------|-------|
| | 6 3/8 | 6 3/8 |
| | 6 1/2 | 6 1/2 |
| | 6 5/8 | 6 5/8 |
| | 6 3/4 | 6 3/4 |
| | 6 7/8 | 6 7/8 |
| | 7 | 7 |
| | 7 1/8 | 7 1/8 |
| | 7 1/4 | 7 1/4 |
| | 7 3/8 | 7 3/8 |
| | 7 1/2 | 7 1/2 |
| | 7 5/8 | 7 5/8 |
| | 7 3/4 | 7 3/4 |
| | 7 7/8 | 7 7/8 |
| 8 | 8 | |

| PACFLEX | XS | SM-MED | LG-XL |
|---------|-------|--------|-------|
| | 6 3/8 | 6 3/8 | 6 3/8 |
| | 6 1/2 | 6 1/2 | 6 1/2 |
| | 6 5/8 | 6 5/8 | 6 5/8 |
| | 6 3/4 | 6 3/4 | 6 3/4 |
| | 6 7/8 | 6 7/8 | 6 7/8 |
| | 7 | 7 | 7 |
| | 7 1/8 | 7 1/8 | 7 1/8 |
| | 7 1/4 | 7 1/4 | 7 1/4 |
| | 7 3/8 | 7 3/8 | 7 3/8 |
| | 7 1/2 | 7 1/2 | 7 1/2 |
| | 7 5/8 | 7 5/8 | 7 5/8 |
| | 7 3/4 | 7 3/4 | 7 3/4 |
| | 7 7/8 | 7 7/8 | 7 7/8 |
| 8 | 8 | 8 | |