

# Discovery 1000 Back Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

## INDICATIONS

The Discovery 1000 back brace provides stability and support for sprains and strains of the lower spine, spinal stenosis, displacement of intervertebral discs, and chronic low back pain. Effective in providing compression and support for the lower lumbar area.

## CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

## PREPARATION

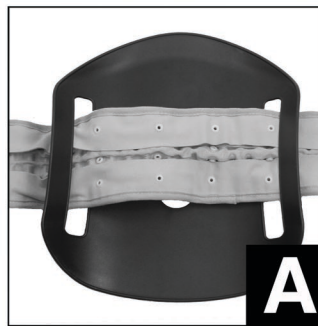
### Optional Posterior and Lateral Panels

1. The CK-1000 comes with an optional panel for added support.

If you wish to use this panel, feed the brace through the openings in the posterior panel as shown. (Fig. A)

## APPLICATION

1. Place the brace on so that the posterior panel is centered on the back. Attach the front panel (Optional) to the right side of the belt as shown (Fig. B).
2. Bring the left side of the belt around and fasten via the Velcro provided (Fig. C). Make sure that the belt fits snug.
3. Attach the pump nozzle to the front of the belt. (Fig. D)
4. Place the foot pump on the ground and pump until the brace inflates to the desired level of support. (Fig. E)
5. Once the brace has been inflated, remove the pump nozzle from the nozzle on the belt, and tuck the belt nozzle into the space provided. (Fig. F)



## CLEANING INSTRUCTIONS

Remove all panels before cleaning. Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage of the Discovery 2000.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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