

# SHOOTER | SHORT BLADE MONOFIN

#1.35.004

Designed to build a quick and powerful butterfly kick, while improving flexibility in feet and ankles.

TECHNICAL / MONOFINS



## SHORT AND STIFF FIBERGLASS BLADE

Allows for race pace tempo

## EARLY TECHNIQUE DETECTION

High speeds enable important streamlining adjustments

## STRENGTH TRAINING

Builds core muscles including abs, lower back, quads and gluteus

## FLEXIBILITY

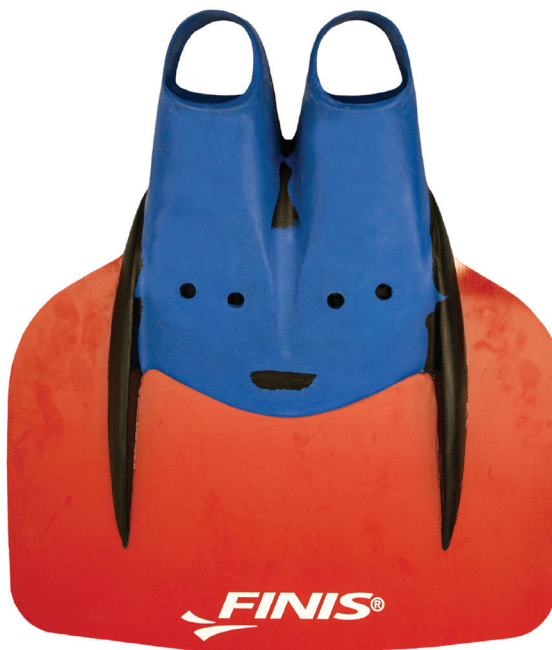
Increases range of motion in feet and ankles

## DRILL TRAINING TOOL

Works well for breaststroke drills, backstroke underwater work and side kicking

## STRONG KICK

Develop a powerful, hip-generated dolphin kick



## PRODUCT DESCRIPTION

Short fiberglass blade is ideal for competitive swimmers who want to develop a quick, powerful dolphin kick while improving flexibility in feet and ankles. Allows for high speed training that targets core and leg muscles.



DESIGNED IN CALIFORNIA

## COLOR WAYS & SIZING



### SHOOTER SIZE CHART

SIZE (CODE)	M (05) Blue	L (06) Green	XL (07) Orange	XXL (08) Black
US MALE	6.5-8	8.5-10	10.5-12	12.5-16
US FEMALE	7.5-9	9.5-11	11.5-13	13.5-17
EURO	38-40	41-43	43-45	46-49

FINIS, Inc.

FINISswim.com

USA 925.454.0111 | EU +359 2 936 86 36

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