PLEASE NOTE:

1) FOR SAFE OPERATION AND CONTINUED HIGH PERFORMANCE FROM THIS EQUIPMENT, INSPECTION AND MAINTENANCE MUST BE PERFORMED BEFORE EACH USE
2) USE OF THIS EQUIPMENT OTHER THAN INTENDED, MAY BE HAZARDOUS.
3) ALTERATION OR MODIFICATION OF EQUIPMENT MAY BE HAZARDOUS. FOR REPAIR OR REPLACEMENT, PLEASE CALL YOUR DEALER

## NOTE

SLIP FRAME TUBES THROUGH POCKETS IN THE NET THEN ASSEMBLE CORNER FITTINGS

| PIECE NO. | PART NO. | DESCRIPTION | QTY |
| :---: | :--- | :--- | :---: |
| 1 | FHGN33A | CROSSBAR | 6 |
| 2 | FHGN33B | UPRIGHT | 8 |
| 3 | FHGN33C | SIDE CROSSBAR | 8 |
| 4 | FHGN33D | REAR FTG w/ FOOT | 4 |
| 5 | FHGN33E | FRONT FTG w/ FOOT | 4 |
| 6 | AF4074AI | 3-WAY FITTING | 8 |
| 7 | HS882 | ST SCRW 3/8" $\times 1 / 2 "$ | 44 |
| 8 | FHN-36 | NET(1 RED/1 BLUE) | 2 |

REGULATION FLOOR HOCKEY GOALS AND NETS


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MODEL NO.:
FHGN-33
PRODUCT NAME:
FLOOR HOCKEY GOAL

# JAYPRO SPORTS <br> FLOOR HOCKEY RULES AND REGULATIONS PLAYED INDOORS AND OUTDOORS 

RULES AND REGULATIONS FOR JAYPRO INDOOR FLOR HOCKEY CONTRIBUTED BY MR. JOSEPH KOZO, EXECUTIVE DIRECTOR, DETROIT BOYS CLUB, DETROIT MI, AND EDITED BY THE JAYPRO CONSULTANT STAFF.

## INTRODUCTION:

JAYPRO INDOOR FLOR HOCKEY is an extremely popular sport as it can be used to great advantage during intramural activities as well as an "in-between season" sport. Although it appeals to all ages, it is especially suited to the younger boys and girls, since it does not require the beginning coordination necessary for other major sports. One can learn to be a fairly good player and can be a contributing member of the team while learning.
Because of the unique Jaypro Saf-T-Puk, the game is made more interesting in allowing the players to flip or lift the puk on passes and shots at the goal. The game can be kept safe by teaching the players to carry the stick low and not allowing the stick to go higher than the waist on the follow through. Also, a player may not "check" an opponent into the "boards", or, in other words, he cannot bump another player into the wall.

## PLAYING AREA

An entire gymnasium with the walls and bleachers as boundaries may be used. This can approximate a regular ice hockey area and does not slow up the game by the necessity of bringing in the puk for a face-off too frequently. Modified areas can be used such as basement rooms, multi-purpose rooms, auditorium rooms and class rooms.

## PLAYERS:

Each team consists of six (6) players: Two (2) forwards, two (2) defense men, one (1) center and one (1) goalie. Four to six substitutes are allowed to bring the team rosters up to ten or twelve players. Substitutes may enter the game when time has been stopped through the time keeper or referee.

## SPECIAL NOTE:

"Mass Hockey" with classes or groups may be played by adding more substitutes and changing them a little more often so that more participants may enter the game.

## RULES OF THE GAME:

In general, regular hockey rules are followed with certain modifications. The game should be run for three periods with a rest period of approximately three minutes between periods. It is suggested that the seniors and older groups play eight minute periods and that the younger participates five to seven minute periods. The game is started by the referee who puts the puk into play by tossing it into the center circle of the gym floor, where the two centers then try to pass the puk to a teammate. The forwards must be at least six feet from the center of the face-off. Begin each period with a face-off and have the teams change goals.
The puk may be advanced using the stick alone. It is not legal to kick or throw the puk. However, the puk can be stopped with the feet. The players are allowed to "lift" the puk for a shot by using a wrist action.
The goalkeeper may stop the puk in any position, but cannot throw it except to clear the goal. He may go in any direction to stop the shot or rush.
For a score, the puk must pass into the goal or net. One point is scored for each goal. The point does not count if the player crosses the crease line in front of the goalie. This crease line is an area $4^{\prime} \mathrm{X} 8^{\prime}$ directly in front of the goal (see illustration). This line protects the goalie from the onrushing players.
NOTE:
The goalie crease line can be marked off with special colored tape or adhesive tape is desired.


PENALTIES:
Players penalized for any of the following infractions must spend the specified time in a penalty box. If a team has two of its players in a penalty box, the next penalty will be delayed until one man returns to the game.

## A. MINOR PENALTIES-One Minute

1. Delaying the game.
2. High stick (for safety, this rule will be rigidly enforced). Any time a player carries or lifts a stick above the waist, penalty will be called. When a player is not in control of puk, the stick must be carried at knee level.
3. Standing, stepping into, or moving through the defensive goal crease at any time.
4. Hooking or holding stick of another player.
5. Interference, preventing player from reaching puk.
6. Charging, running into, roughing, elbowing, pushing or tripping.
7. Deliberate displacement of cage.
B. MAJOR PENALTY-Two Minutes
8. Pushing or charging and opponent into side wall, end wall or goal cages, or attempting to do so.
9. Attempting to injure opposing player. (Offender may also be disqualified at referee's judgment).
10. Slashing opponent or opponent's stick from overhead or high position.
C. MISCONDUCT- Four Minutes
11. Disputing referee's decisions or showing disrespect for an official.
12. Using profane language.

## IMPORTANT NOTES:

A. Depending on individual needs, the above rules are flexible to the point where they can be adapted or interpreted in a different manner to suit the situation.
B. The Jaypro Indoor Flor Hockey Units are so designed that girl's Field Hockey lead-up games can be played to an advantage. Actual Field Hockey rules for girls may be adapted very easily using Field Hockey sticks indoors. We suggest that the sticks be covered with socks made into sleeves or some other material to protect the gym floors.
C. It is suggested that a baseball glove be used by the goalies to give them a greater advantage in terms of "saves" during active play in their position.
D. May we remind you that the knee guards used for goalies are for psychological effects only to make the game appear more realistic.

