

- Superior creatine and glycogen loader†
- Super-hydrates muscles for bigger gains in solid mass†
- Enhances power and strength†
- Promotes full-body post-workout recovery†
- Helps to add more volume to muscles†
- With key electrolytes for optimum muscle function†

VOLU GRO™ is a superior creatine glycogen loader that helps to achieve greater muscle cell volumization, more strength gains and faster recovery. By loading more creatine and glycogen into a muscle it super-hydrates muscle cells which in turn supports nutrient transport and protein synthesis. These are all major contributing factors to enhanced muscle growth.†

Store this container tightly closed in a cool dry place. Do not use if outer safety seal is broken. **KEEP OUT OF REACH OF CHILDREN.**

**WARNING:** If you are a diabetic consult your physician before using this product. Stay well hydrated throughout the day.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Nutrex**  
RESEARCH

# VOLU GRO

**CREATINE GLYCOGEN LOADER†**

**30**  
SERVINGS



Natural & Artificial Flavors

**ORANGE**

**MANGO**

DIETARY SUPPLEMENT NET WEIGHT 2.8 LBS (1275G)

**35G**  
GLYCOGEN  
LOADING CARBS

**5G**  
MICRONIZED  
CREATINE



**VOLUMIZES  
MUSCLES†**



**POWER &  
STRENGTH†**

## SUPPLEMENT FACTS

Serving Size: 42.5g (Approx 1 Scoop)

Servings Per Container: 30

	Amount per serving	% DV
Calories	140	
Total Carbohydrate (from D-Glucose)	35g	12%**
Sugars	35g	12%**
Sodium	110mg	5%**
Potassium	26mg	1%**
Magnesium	25mg	6%**
Dextrose (D-Glucose)	35g	*
Micronized Creatine Monohydrate	5g	*
Himalayan Pink Salt	280mg	*
Magnesium (as Magnesium Glycinate)	218mg	*
Potassium (as Potassium Chloride)	50mg	*

\*\* Percent Daily Values based on a 2,000 calorie diet.

\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Silicon Dioxide, Calcium Silicate, Natural and Artificial Flavors, Sucralose.

**ALLERGEN WARNING:** Manufactured on equipment that processes products containing milk, egg, soy, wheat, fish, shellfish, peanuts and tree nuts.

**RECOMMENDED USE:** Shake container before each use. To experience the full strength of VOLU GRO™ mix 1 scoop into 16oz of cold water. On training days consume one serving immediately following your workout. On non-training days consume one serving between meals. For optimum effects take one serving daily.

LBL-VOLUGROW-2.8LB-0M-V1-US



Developed by & Manufactured Exclusively for:  
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**BLACK**  
SERIES