



5 GRAMS OF PURE L-GLUTAMINE PER SERVING

REDUCES MUSCLE BREAKDOWN CAUSED BY TRAINING, DIET OR STRESS[†]

ENHANCES MUSCLE RECOVERY & SUPPORTS MUSCLE TISSUE GROWTH[†]

IDEAL FOR DAILY CONSUMPTION[†]

UNFLAVORED SO IT CAN BE ADDED TO YOUR FAVORITE DRINK[†]



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- 5 grams of pure L-Glutamine to quickly replenish muscle
- Helps reduce muscle breakdown caused by training, diet & stress[†]
- Enhances muscle recovery & supports muscle tissue growth
- Ideal for daily consumption[†]
- Unflavored so it can be added to any sports drink

Glutamine is a vital amino acid and accounts for 60% of all amino acids in muscle tissue. Regular intense training, dieting and stress deplete your muscles' natural Glutamine stores. This process breaks down muscle tissue. The ability to reverse it by recovering from training and repairing muscle tissue at an accelerated pace is crucial to building up muscle and strength. Supplementing with extra L-Glutamine helps maintain high muscular Glutamine levels which in turn reduces muscle breakdown and speeds up muscle tissue repair. Regular consumption of L-Glutamine helps maximize your muscle building results. GLUTAMINE DRIVE® consists of pure L-Glutamine.¹

WARNING: Do not use if pregnant or nursing. Stay well hydrated throughout the day. KEEP OUT OF REACH OF CHILDREN.

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Amount per serving % Daily Value L-Glutamine 5g * * Daily Value not established.

OTHER INGREDIENTS: None

ALLERGEN WARNING: Manufactured on equipment that processes products containing milk, egg, soybean, fin fish and wheat. Keep tightly closed in a cool, dry place (60°F to 80°F). Avoid exposure to excessive hea

RECOMMENDED USE: Mix 1 scoop with 6-8 oz of water or any beverage of your choice. Take 2 servings daily: one in the morning upon rising and one before going to bed. On training days take an extra serving following over workout.

GLUTAMINE DRIVE® is unflavored and can be easily added to any beverage of your choice.

As individuals vary so will results from using this product.