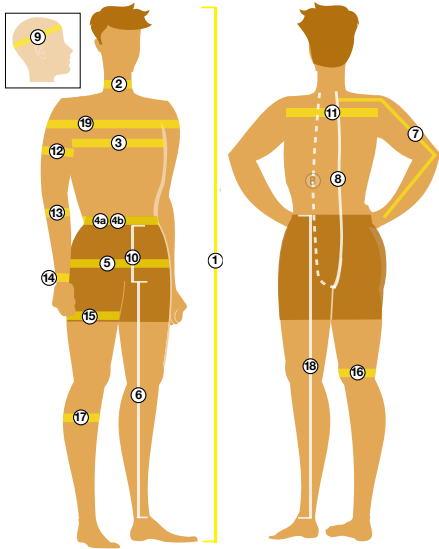


MEASURING GUIDELINES



1 HEIGHT

Stand straight against a wall without your shoes. Make a mark level with the top of your head. Measure from this point down to the floor.

2 NECK

Measure around the base of the neck where a collared shirt would fit, or measure a collar band on a shirt that fits you well.

3 CHEST/BUST

Measure the fullest part of your chest/bust. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across your back. Stand naturally.

4a WAIST/MID-SECTION

First, remove your belt. Then, measure over shirt (not over pants) at the position you normally wear your pants. Hold the tape firmly but not tightly. For shirts and covering garments such as coveralls - measure mid-section over clothing around the fullest part of the abdomen. Note: Include both "A" and "B" measurements if ordering multiple garments.

4b

5 HIPS

Stand with your heels together. Measure around the fullest part of the hips. Hold the tape measure straight and level.

6 INSEAM

Standing straight, measure the distance from the crotch to just below the ankle bone. OR - using similar style pants that fit you well:

lay garment flat with front and back creases and smooth. Measure along the inside seam of one leg from the bottom of the hem to the crotch.

7 SLEEVE

Bend the elbow slightly. Start at the center back of the neck and measure across the shoulder to the elbow and down to the wrist bone.

8 TRUNK

Measure from base of neck (front) down around crotch and back up to the bottom of the collar. (For coveralls only)

9 CAP/HAT SIZE

Measure the circumference of the head at it's widest diameter, approximately 1/8" above the ears.

10 FRONT & BACK RISES

FRONT - This is the distance from the center front at the top of the waistband to the intersection of the crotch seams. **BACK** - This is the distance from the center back at the top of the waistband to the intersection of the crotch seams.

11 ACROSS SHOULDERS

While standing with arms down, measure across the back from one shoulder joint to the other.

12 UPPER ARM/BICEP

Measure the maximum circumference of the upper arm just below the under arm.

13 FOREARM

Measure the maximum circumference of the forearm at approximately 6" above the wrist.

14 WRIST

Measure the wrist circumference over the wrist bone.

15 THIGH

Measure around thigh (parallel to floor), below crotch.

16 KNEE

With the leg straight, measure the knee circumference over the knee cap and parallel to the floor.

17 CALF

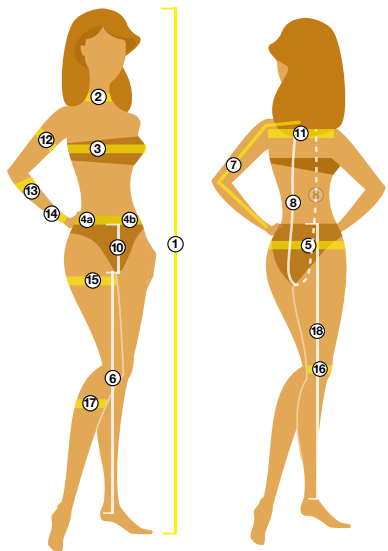
Measure the circumference of the largest part of the lower leg approximately half way between the knee and ankle and parallel to the floor.

18 OUTSEAM

Measure along the outside of the leg from the top of the waistband to the bottom of the hem of just below the ankle bone. OR - lay garment flat, measure along outseam from top of band to bottom of hem.

19 OVER ARM

With arms at the sides, measure around the broadest part of the shoulders and upper arms, keeping the tape level at all times. If over-arm measurement is 7" larger than chest measurement, go up one size.



HOSPITALITY APPAREL SIZE CHARTS

LADIES' TAILORED JACKETS, VESTS, BLOUSES, BUSTIER, DRESSES, & SWEATERS

	XS		S		M		L		XL		2XL		3XL		4XL	
	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
BUST	33½-34	34½-35	35½-36	36½-37	37½-38	38-39½	39½-41	41-42½	43-44½	45-46½	47-48½	49-50½	51-52½	53-54½	55-56½	57-58½
WAIST	26½-27	27½-28	28½-29	29½-30	30½-31	31-32½	32½-34	34-35½	36-37½	38-39½	40-41½	42-43½	44-45½	46-47½	48-49½	50-51½
HIPS	36-36½	37-37½	38-38½	39-39½	40-40½	40½-42	42-43½	43½-45	45½-47	47½-49	49½-51	51½-53	53½-55	55½-57	57½-59	59½-61

HEIGHT	
PETITE	4'11" - 5'3"
WAIST	5'3" - 5'7"
HIPS	5'7" - 5'11"

LADIES' SLACKS, SKIRTS, & SHORTS

	XS		S		M		L		XL		2XL		3XL		4XL	
	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
WAIST	26½-27	27½-28	28½-29	29½-30	30½-31	31-32½	32½-34	34-35½	36-37½	38-39½	40-41½	42-43½	44-45½	46-47½	48-49½	50-51½
HIPS	36-36½	37-37½	38-38½	39-39½	40-40½	40½-42	42-43½	43½-45	45½-47	47½-49	49½-51	51½-53	53½-55	55½-57	57½-59	59½-61

HEIGHT	
PETITE	4'11" - 5'3"
WAIST	5'3" - 5'7"
HIPS	5'7" - 5'11"

MENS' BLAZERS & COATS

Alpha Sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL	
CHEST	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
WAIST	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	66

HEIGHT	
SH	5'3"-5'7"
RG	5'7"-5'11"
LN	5'11"-6'3"
XLN	6'3"-6'7"

MENS' JOSEPH ABOUD® & TAILORED SHIRTS

Alpha Sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL	
NECK	13	13½	14	14½	15	15½	16	16½	17	17½	18	18½	19	19½	20	20½	21	21½	22	22½
CHEST	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
WAIST	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	66

INSEAM	
SH	30/31
RG	32/33
LN	34/35
XLN	36/37

MENS' HOSPITALITY & LINDEN GREY® SHIRTS

Alpha Sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL	
NECK	13	13½	14	14½	15	15½	16	16½	17	17½	18	18½	19	19½	20	20½	21	21½	22	22½
CHEST	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
WAIST	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	66
SLEEVE LENGTHS	SH	31¾	32¼	32¾	33¼	33¾	34¼	34¾	35¼	35¾	36¼	36¾	37¼	37¾	38¼	38¾	39¼	39¾	40¼	40¾
	RG	32¾	33¼	33¾	34¼	34¾	35¼	35¾	36¼	36¾	37¼	37¾	38¼	38¾	39¼	39¾	40¼	40¾	41¼	41¾
	LN	35¾	35¾	35¾	36¼	36¾	37¼	37¾	38¼	38¾	39¼	39¾	40¼	40¾	41¼	41¾	42¼	42¾	43¼	43¾
	XLN	37¼	37¼	37¼	37¾	38¼	38¾	39¼	39¾	40¼	40¾	41¼	41¾	42¼	42¾	43¼	43¾	44¼	44¾	45¼

MEN'S APPAREL, SPORTCOATS & SUITS

HOW TO MEASURE:

Only take measurements over thin garments. Do not measure over bulky clothing such as jackets, sweatshirts, vests, etc.

CHEST:

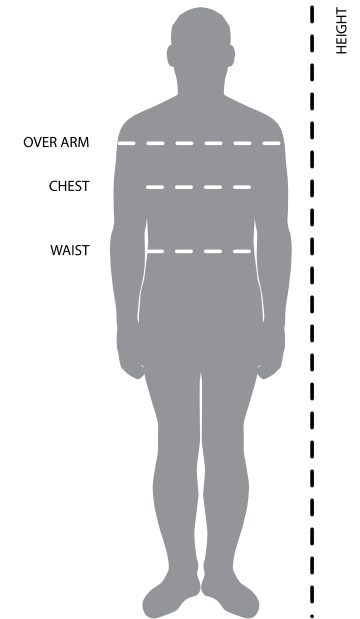
Stand with a straight and natural posture. With arms lifted up, have a partner pull the tape measure around the fullest part of the chest area. Make sure the tape measure is level around the body.

OVER ARM:

Stand with a straight and natural posture. Let your arms hang freely at your side. Ask a partner to measure the broadest point of the shoulders and upper arm. Make sure the tape measure is level around the body. If this measurement is more than 7" larger than a regular chest measurement, order one size larger.

WAIST:

Make sure you remove your belt and items being carried on the waistband such as a cell phone. Also, remove any bulky items from your pockets. Stand with a straight and natural posture. Do not hold in your stomach. Have a partner measure around your waist just below the belly button. Allow two fingers to fit between the waist tape.



MEASURING CHARTS

WOMEN'S ALPHA/NUMERIC CONVERSION CHART

	XS		S		M		L	
SIZE	2	4	6	8	10	12	14	16
BUST	33-34	34-35	35-36	36-37	37-38	38-39½	39½-41	41-42½
WAIST	26-27	27-28	28-29	29-30	30-31	31-32½	32½-34	34-35½
HIPS	35½-36½	36½-37½	37½-38½	38½-39½	39½-40½	40½-42	42-43½	43½-45

	XL		2XL		3XL		4XL		5XL	
SIZE	18	20	22	24	26	28	30	32	34	36
BUST	42½-44½	44½-46½	46½-48½	48½-50½	50½-52½	52½-54½	54½-56½	56½-58½	60½-62½	62½-64½
WAIST	35½-37½	37½-39½	39½-41½	41½-43½	43½-45½	45½-47½	47½-49½	49½-51½	51½-53½	53½-55½
HIPS	45-47	47-49	49-51	51-53	53-55	55-57	57-59	59-61	61-63	63-65

PETITE: 4'11" - 5'3" REGULAR: 5'3½" - 5'7" TALL: 5'7½" - 5'11"

WOMEN'S INDUSTRIAL SHIRTS

	XS		S		M		L		XL		2XL		3XL	
SIZE	4	6	8	10	12	14	16	18	20	22	24	26	28	
BUST	32½-33	33½-34	34½-35	35½-36	36½-37	38-39	39½-40½	41½-42½	43½-44½	45½-46½	47½-48½	49½-50½	51½-52½	
WAIST	24-24½	25-25½	26-26½	27-28	28½-29½	30-31	31½-32½	33-34½	35-36½	37-38½	39-40½	41-42½	43-44½	
HIPS	34-34½	35-35½	36-36½	37-37½	38-39	39½-40½	41-42	42½-44	44½-46	46½-48	48½-50	50½-52	52½-54	

MEN'S ALPHA/NUMERIC CONVERSION CHART

SIZE	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
NECK	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½	22-22½

MEN'S INDUSTRIAL SHIRTS: Industrial, Cotton, Western, Specialized and Patterned

SIZE	S	M	L	XL	2XL	3XL	4XL	5XL
NECK	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½
RG	33	33½	34	34½	35	35	35	35
LN	35½	35½	36	36	36	36	36	36
XLN	37	37	37	37	37	37	37	37

BACK LENGTH: REGULAR - regular back length,
LONG - plus 1½", XLONG - plus 4"